

5th POSN GRANDROUNDS



Venue: Hotel Tarasuns, Near GERI Compound
 Gotri, Vadodara, Gujarat
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www.posn.in

WORK SHOP



DAY 1

23-Sep-23

Registration and Breakfast

8.30 am to 9.00 am

Session starts at 9.00 am and attendees will switch between Halls at 10.30 am

Myopia Management
Hand on session

Vision Therapy
Hand on session

Guided by

Dr. Jaspreet Sukhija

Guided by

Dr. Abdan Amitava

Myopia prevalence Short overview (5 min)
 Atropine Practical tips (8 min)
 Atropine : Newer findings (6 min)
 Peripheral refraction & Innovation (6 min)
 Optical Correction for Progressive Myopia (8 min)
 Myopia Progression work up (6 min)
 Myopia Progression summary (5 min)
 Myopic clinic Establishment Tips (6 min)
 Ortho Keratology / Case of Myopia
 Results of Defocus Glasses (4 min)

Dr. Avni Desai
 Dr. Sumita Agarkar
 Dr. Rohit Saxena
 Dr. Jitendra Jethani
 Dr. Kalpit Shah
 Dr. Jyoti Matalia
 Dr. Ramesh Kekunnaya
 Dr. Prachi Agashe
 Dr. Jaspreet Sukhija
 Dr. Vijaya

Accomodative facility exercises (6 min)
 Fusional Exercises (6 min)
 Frugal Innovations (3 min)
 Occlutab (6 min)
 Bynocs (6 min)
 Revital (6 min)
 Orthoptek (6 min)
 Role of vision therapy exercises in amblyopia (10 min)
 How to setup an orthoptic clinic (10 min)

Dr. Sumitha Muthu
 Dr. Rohit Saxena
 Dr. Jitendra Jethani
 Dr. Sumedha Sharma
 Dr. Anupama Vyas
 Dr. D Magdalene
 Dr. Santhan Gopal
 Dr. Vivek Warkad
 Dr. Pooja Lakhani

Discussion

Discussion

End of Session at 11.45 am

12.00 to 1.30 pm

PRACTISE MANAGEMENT

Costing and Charging	10 min	Dr. Ankur Sinha
Lone Private Practise	10 min	Dr. Aloka H
Pediatric Ophthal in small City	10 min	Dr. Uday Naik
Institutional Pediatric Ophthalmology	10 min	Dr. Jaspreet Sukhija
Tackling Insurance Issues	10 min	Dr. Kalpit Shah
Research and Practise	10 min	Dr. Jitendra Jethani
Tips for Starting Private Practise	10 min	Dr. Om Patel
Addition of Vision therapy in Practise	10 min	Dr. Siddarth Kesarwani
Discussion	Dr. Ramesh Kekunnaya, Dr. Jyoti Matalia, Dr. Sumita Agarkar, Dr. Rohit Saxena	

Lunch

